

Salads

CAESAR 16.00

ROMAINE, HERB CROUTONS, PARMESAN

GREENS + GRAINS 17.00

ROASTED BEET, KALE, SUNFLOWER SEEDS,
QUINOA, BALSAMIC VINAIGRETTE

GRAND CASCADES 17.00

ROMAINE, BIBB LETTUCE, EGG, CANDIED BACON,
PICKLED RED ONION, DRIED FIG, BLUE CHEESE

KETO KALE 17.00

GRILLED CHICKEN, CHEDDAR, STRAWBERRY, MIXED NUTS

Sandwiches

MOZZARELLA FOCCACIA 16.00

ROASTED RED PEPPER, BASIL PESTO

TURKEY + SWISS WRAP 16.00

GARLIC MAYO, ROASTED RED PEPPER

BUFFALO CHICKEN WRAP 16.00

CRUMBLLED BLUE CHEESE, LETTUCE, TOMATO

JERSEY SUB 17.00

SMOKED HAM, CAPICOLA, SALAMI, PROVOLONE,
TOMATO, RED ONION, BANANA PEPPERS, ROMAINE

CORNERED BEEF REUBEN 17.00

SWISS, CARAMELIZED ONIONS

Bento Box 16.00

PITA PACKET

PITA, HUMMUS, TABBOULEH SALAD, FETA

GREEK YOGURT PARFAIT

HONEY, BLUEBERRY, MIXED BERRY, GRANOLA

Coffee, Decaf + Hot Tea

12oz 4.50 16oz 5.00 20oz 5.50

Hot Drinks

ESPRESSO 5.00

DECAF ESPRESSO 5.00

CAFÉ LATTE 5.25

CAFÉ MOCHA 5.25

CAPPUCCINO 5.25

MACCHIATO 5.25

CHAI LATTE 5.25

GOLDEN MILK LATTE 5.00

HOT CHOCOLATE 5.00

WHITE HOT CHOCOLATE 5.00

Iced Drinks 16oz

COFFEE 5.00

ICED TEA 5.00

LATTE 5.00

CHAI LATTE 5.00

GOLDEN MILK LATTE 5.00

MATCHA LATTE 5.00

STRAWBERRY OR CHERRY +1.00

Frappes 16oz

FROZEN COFFEE + FLAVOR OF CHOICE

COFFEE 5.50

**FROZEN HOT
CHOCOLATE 5.50**

Milk Alternatives 0.50

ALMOND, SOY OR OAT

Add Flavors 1.00

VANILLA

CARAMEL

HAZELNUT

DARK CHOCOLATE

GOLDEN MILK

WHITE CHOCOLATE

SEASONAL FLAVOR

Add Espresso

ONE SHOT 2.00